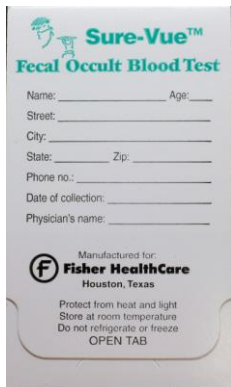


**Patient instructions**  
**Stool specimens**  
**Fecal Occult Blood Test (FOBT)**  
*(Fecal Occult Blood means blood that you cannot see in your stool)*

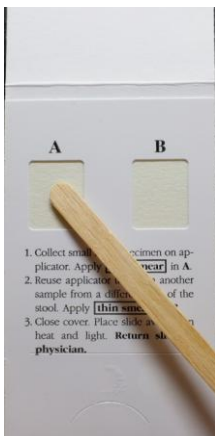
Your doctor wants to have your stool tested for blood to look for bleeding in your intestines. The lab may test three separate bowel movements. It is best to test three stools in a row, even if you pass more than one each day. You may have been given 1,2 or 3 small cardboard test kits.

1. Pass stool (have a bowel movement) into a clean dry container, or plastic wrap or bag placed over toilet bowl.



2. The front of each test card should have a label placed there by your nurse. Be sure to write the DATE you collect each specimen on the card.

3. Open the front flap.



4. Using the wooden stick in the pack, get a small amount of stool on one end of the stick. Apply a **very thin smear** in Box A.
5. Reuse wooden stick to obtain a second sample from a different part of the stool specimen. Apply a **very thin smear** inside Box B.
6. Do this each time you have a bowel movement until all cards you were given are used.

7. Close cover, seal in zip-lock bag in the packet and return card(s) and lab slip within **1 week** from the day you start collecting.