

This Week at MCL

A Memorandum to the Employees of the Medical Center of Louisiana, New Orleans
Charity Campus ■ University Campus

February 25-29, 2004



Applause! Applause!

■ The most recent Service Excellence Team (SET) honorees are: from Charity Campus – **Corporal Paul Clay**, Hospital Police, and

Nicole Frazier, Neuro ICU, and from University Campus – **Mary Brown**, OB Unit, and **Terrance Moss**, Nutritional Services. ■ **James Milton**, Grounds Keeper, Building Services, is the February Employee of the Month for University Campus. His nomination states, “James works diligently at his assigned responsibilities. He is particularly dedicated to maintaining the grounds on University Campus. His adherence to our Core Values came across powerfully recently when he found \$6,000 near the ATM machine and immediately turned it in. In addition to his proven adherence to the Core Values of integrity and accountability, he is always customer focused and works extremely hard to give the hospital an air of cleanliness. He is a credit to his department and to the Medical Center of Louisiana.”

RAD Course Set March 1, 2 & 9.

A three-session Rape Aggression Defense (RAD) course will be offered as follows: March 1, 5 to 8 p.m. in Seminar Room 4, Medical Education Building, 1901 Perdido Street, and March 2 and 9, 5:30-9 p.m. in the Aerobics Room of the Student Fitness Center, 1900 Perdido Street. The first evening consists of a lecture and discussion of personal safety and mental preparation about developing a survival mind set. The second and third evenings consist of a physical self defense course complete with simulation.

RAD is a nationally recognized self defense program that includes a realistic confrontation between the student and an instructor where newly learned self defense techniques are tested. **This program is designed specifically for women.** Please call 568-2565 if you are interested.

Enrollment is limited and attendance at all three sessions is required. The course is sponsored by LSUHSC’s Health Promotion Program, University Police, and Campus Assistance Program.

From the Mailbox.

■ We express our sincere appreciation for the outstanding service our father received as a patient at University Hospital. Thank you to the doctors and nurses in the Emergency



Department for treating our Dad with concern and respect – especially **John Treuil, RN**, a truly caring person, and **Dr. John Couk**; to **Marguerite Porter** for her help and loaning my family a caring ear and gracious heart; to the **6 East Manager and staff** for their untiring care and a job well done; to **Mary Ellen Kothmann** and the **Pediatric Emergency Staff** for their support and concern and for making our Dad smile during a difficult time; to the **CT staff, Escort Service** and **Hospital Police** thanks for the excellent service and patience you showed to our family. I have always believed that greatness begins with a caring heart, but now I know that for sure. Much thanks to everyone!

–Leila Jefferson, RN, Pediatric Emergency Room,
& Lenetra Jefferson, RN Pool

■ Thanks to **every member of 6 West** who took care of me. Your goodness, smiles and professionalism were truly appreciated. Hats off to your managers and supervisors. God’s love and blessings to each of you.

–Adrienne Johnson & Family

Happenings & Deadlines.

- **Lenten Ashes.** February 25. On Charity Campus during the 1 p.m. Mass, and on University Campus after the homily of the 11:30 a.m. Mass, and again from noon-12:30 p.m. and 3-3:30 p.m.
- **Cancer Committee Meeting.** February 25,

noon. Medical Staff Conference Room, 4 west, Charity Campus.

■ **LSU/Tulane Multidisciplinary Breast Cancer Conference.** Each Friday, 1-2 p.m. following the Tumor Board meeting, 1542 Tulane Avenue, room 710. Physicians who wish to have a case presented should call *Nicole Chatelain* at 568-4765.

■ **Tulane Health Sciences Center Medicine Grand Rounds.** February 25. Canceled.

■ **LSU Health Sciences Center Medicine Grand Rounds.** February 26, 8-9 a.m., 1542 Tulane Avenue, 1st floor auditorium. "The Changing Paradigm of Hormone Replacement Therapy," with *Dr. Charles A. Cefalu*, Professor and Chief, Section of Geriatrics Medicine, Department of Family Medicine.

■ **Health Call.** *Dr. Judd Shellito* will discuss toxic mold during this week's Health Call. Because it is a repeat show, the doctor will be unable to accept calls during the program. WLAE TV, 8 p.m., February 26 and rerun at 12:30 p.m., February 29.

■ **"Weight Loss to Wellness."** Throughout March. Sponsored by Sodexo and Clinical Nutrition Services in observance of National Nutrition Month next month. 1.) Monday through Friday, MCL dietitians will guide individuals in making selections of healthy meal suggestions in each cafeteria; 2.) Tuesdays & Thursdays at 11:30 a.m. a registered dietitian will track weight – individually or by department – Nutrition Clinic, 8 center, Charity Campus; and 3.) If you bring your lunch from home you can meet in the Nutrition Clinic to view health and fitness weight management instruction videos and participate in a group question-and-answer session.

■ **Bake Sale.** Friday, March 5, University Campus cafeteria. Conducted by Maternal Child Services from 6:30 a.m. until everything is gone. Proceeds to benefit the annual Kids Fair on March 28.

■ **SANE Training.** March 5. For anyone interested in becoming a Sexual Assault Nurse Examiner. For full details contact *Deb Travis* at 679-9677 or 2-0357.

■ **Hazardous Material Team Training.** March 8, University auditorium, and March 9, Charity auditorium. The two-day session covers skills and knowledge required to be a HazMat Team member. 16.8 contact hours/CEUs for RNs, radiology techs, and respiratory therapists. Register in person,

Education & Staff Development, 9 center, Charity Campus. For further details e-mail *Tim Butcher* at tbutch@lsuhsc.edu or call him at 2-2687.

■ **ACLS for Non-Critical Care.** March 24 & 25 in Education & Staff Development, C-900, Charity Campus. Call 2-2854 to register.

■ **Exercise Classes.** *Exercise* – Tuesdays & Thursdays, 4:30-5:30 p.m, Education, 9 center, Charity Campus. For further details about the class please contact *Paul Hildreth* via e-mail. □ *Tai Chi* – Thursdays, noon-1 p.m., Lions Clinic, Neuroscience Center. Both classes are free.

■ **Employee Assistance Programs.** All the following groups meet at LSU Lions Clinic, 2020 Gravier Street, 5th floor. Call 568-3931 with questions or for full details: *Co-dependency Anonymous*, Mondays at noon, free; *AA*, Tuesdays at noon, free; and *a psycho-educational group* for those who may be chemically dependent or have family members who are, Thursdays, 4-5 p.m., \$10 per week for 10 weeks.

Thank you to everyone who bought tickets during the Valentine Basket Raffle. Winners were *Geraldine Phillips*, Volunteer Services, Charity Campus, and *Kenneth Smith*, Building Services, University

Campus. The raffle brought in \$447 for the Employee Emergency Relief Fund.

Condolences.

We extend our condolences to *Rosa DuBose*, Medical Detox, and *Dannette Jones*, Case Management, on the loss of Lacreasha White, Rosa's granddaughter and Dannette's niece; and to *Mary Ann Williams*, 6 West, on the passing of her sister, Leona Heim.

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This Week at MCL is published weekly (except the last week of the year). Please send information to Lynn Lorando, Editor, at mloran@lsuhsc.edu; through interoffice mail to Lynn Lorando, 7th floor, UMOB, or by fax at 903-3699 to her attention. All information submitted must first be approved by the appropriate department supervisor. Thank you.