



Assessment: Intake and Output

Quicksheet

1. Verify correct patient using two identifiers.

Intake Measurement

1. Perform hand hygiene and apply clean gloves prior to measurement.
2. Measure all intake of fluid. Utilize facility measurements for container sizes (such as foam cups) or manufacturer's measurements on the container.
3. Remove gloves and perform hand hygiene.
4. Record the intake of all fluids administered (e.g. parenteral fluids, blood components, intravenous fluids, gastric-tube feedings) on the intake and output record and in the patient's record.

Output Measurement

1. Perform hand hygiene and apply clean gloves. Apply additional personal protective equipment as necessary.
2. Measure drainage in appropriate containers at end of shift or more often if ordered and note color and characteristics.
3. Measure or calculate any output from incontinence, vomiting, and excessive perspiration as reported by the patient or family.
4. Remove gloves and any additional personal protective equipment and perform hand hygiene.
5. Record the amount, color, and characteristics of all fluid drainage (e.g. urine, chest tube drainage, gastric drainage, vomitus) on the intake and output record and in the patient's record.

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